

Your Heart's Desire Workshop: Creating the Life That You Really Want

- ♥ Are you looking to live a more fulfilling life?
- ♥ Do you feel like something is missing in your life?



This 6-week workshop series will show you how to focus in on your heartfelt dream. You'll work in a group each week, learning a new principle to help you step forward in making your dream a reality.

2008 Schedule

- Dates:** Jan 21st thru Feb 25th
Mar 6rd thru Apr 10th,
Apr 17th thru May 22th
June 2nd thru July 7th
Sept 8th thru Oct 13th
- Time:** 6 Mondays, 7pm – 9:00pm
- Location:** Cameron Park Massage
3025 Alhambra Dr.
Cameron Park #230
- Price:** \$220 (\$50 non-refundable deposit to register)
10% discount if paid in full at first class



Facilitator: Patricia Haines, M.A.,
Call to register: 530-672-1524
www.heart-centeredlife.com

This course is based on "Your Heart's Desire, Instructions for Creating the Life You Really Want" by Sonia Choquette, Ph.D.